

2008 Upper Midwest All Star Championship

(Hosted by MCCA, the Minnesota Cheerleading Coaches Association)

Saturday, February 2nd, 2008

The University of Minnesota Sports Pavilion

INFORMATION

Eligibility Requirements:

To be eligible for this event each all-star gym from the states of Iowa, Minnesota, North Dakota, South Dakota, and Wisconsin has a few options.

- 1) If your team is from Minnesota, a coach from your gym can become a coach member of MCCA for \$35 to cover all of your teams. An all star coach from Minnesota must become a full member due to the other opportunities available to them. This membership is valid until June 30th, 2008.
- 2) If your team is from any of the other eligible states, a coach from your gym can become an associate member of MCCA for \$20 to cover all of your teams. This membership is valid until June 30th, 2008.

If you choose one of the options above the entrance fee will be \$25 per team member and \$10 for each non-member coach.

- 3) If your team is from any of the eligible states, the gym can choose to not become a member of MCCA and still compete, but the registration fee will be \$30 per team member and each coach will need to pay \$10.

Membership Registration Forms are available at www.mccacheer.com under membership.

**The Upper Midwest All Star Championship
will take place following the MCCA State Competition (Sessions 1 and 2).
MCCA will NOT start sessions early.**

(These times are approximate and may change depending on the number of registrations received)

SESSION THREE: EVENING (Upper Midwest All-Star Championship)

Due to the fact we do not know how many will be in each session exact times will be provided shortly after the registration deadline. The times listed below are approximate:

Required Coaches Meeting – 4:00 PM

Marking Times for Session Two Begin on the Competition Sized Floor (9 strips) in Williams – 4:30 PM

Session Three Begins – 5:30 PM

Registration and Admission:

Coaches

When you arrive at the University of Minnesota Sports Pavilion, coaches and teams should check-in at the Daily Entrance located on University Ave. **MCCA Member Coaches, registered team members, and 1 bus driver** will be admitted without charge. Non-member coaches accompanying a team will pay a \$10 fee. If you have multiple coaches that are not members of MCCA, you should pay their registration along with your team registration or they will need to pay the \$10 admission charge prior to entering the competition.

At check-in coaches will receive a nametag, coaches will turn in any missing items not checked off in the checklist if they were not mailed in, and teams will receive a folder containing important information for the day.

Coaches will be directed to the location of the coaches meeting and cheerleaders will be directed to the Pavilion or Williams Arena where they will keep all of their belongings. This would be the best place for coaches and cheerleaders to meet up again following the coaches meeting, which should last 15-20 minutes.

Team Members/Alternates

When your team arrives you must enter as a team, no individuals. All team members and alternates who have paid the registration fee will be allowed entrance into the competition. In the event a fee has not been paid for a team member or alternate this must be paid at the team door before they will be admitted. Each team member, including alternates, should complete a waiver form to be on file.

Spectators

Admission is \$10/adult & \$5 for 12 and under and will be charged one time per person. All Spectators will enter at the Public Entrance on the West side of the building. Public parking is available at the Maroon Lot across from Mariucci Arena and in Lots 33/37 behind Mariucci Arena and in the University Avenue Ramp across the street for at most \$12.00 for the day – maps can be found online at <http://www1.umn.edu/pts/maps/ebscolr.htm> to assist you in finding your way due to the construction for the new football stadium.

For directions to the Pavilion go to:

http://www.gophersports.com/ViewArticle.dbml?DB_OEM_ID=8400&ATCLID=1265693

Busses

Parking information for busses will be available on the MCCA website and emailed to you closer to the event. With the continuous construction, it is bound to move.

Spotters

MCCA will provide “Spotters” during all sessions. All teams are required to have spotters on the floor.

Spending Money

Cheerleaders and spectators may want to have money to spend on:

*Food from the concession stands

*Purchasing action and/team pictures on site or the video (\$40) of the day

*****No Video Taping Allowed!*****

*Purchasing a 2008 MCCA State Competition/Upper Midwest All Star Championship T-Shirt (\$20) -proceeds go to Honor Team of Excellence Scholarships!

*Some of the vendors and MCCA will also have fun cheerleading items for sale.

Mark Times

Each team will have a 4 minute marking time on a competition sized mat (9 Strips) prior to their performance time. In addition, a couple strips will be available for your team to warm-up tumbling and some stunts behind the curtain prior to your performance. Extended stunts and basket tosses will be prohibited due to the fact it will most likely go above the height of the curtain and distract from the competing teams performance.

The Flow Prior to your Performance

All teams will follow this routine prior to performing.

- 1) Your team will have a marking time in Williams Arena approximately 1 hour before you compete. At this time a preliminary safety check will take place to avoid deductions.
- 2) Approximately 30 minutes prior to your scheduled performance time your team will report for a team photo to be taken.
- 3) 3-4 teams prior to your performance you will be allowed to warm-up limited stunts and tumbling on the mat behind the curtain.
- 4) When your team is “In the Hole,” a final safety check will take place. This is when deductions will be taken for any violations.

During your Performance

No one will be allowed to sit directly in front of the mat. Coaches will be able to sit at the announcers table, which is also, where you will play your music. Additional teammates, sister teams, etc will have a reserved section off the front corner of the mat. We need to keep the front clear for photographers, the video taping crew, and other media. Thank you in advance for your cooperation

Cheerleader Area

Due to the fact, the venue is so much larger; there are no restrictions as to where cheerleaders may watch other teams during their session and others. They may sit in the spectator section. Also, instruct your teams not to walk around the bleachers during routines, and to be respectful and keep their volume down when in back practicing.

Music

You are responsible for running the music for your own team(s). The gentlemen who will be running the sound equipment are very good and will help talk each coach through this process. Be sure you watch the schedule and are waiting on deck near the sound equipment table when your team is coming up.

Scoring

Each judging panel will consist of 5 judges. We will drop your highest and lowest score and the remaining 3 scores will create your team total score. Any deductions will be taken off from this total.

In the case of a tie, the team that receives the fewest deductions will win!

If there is still a tie...The team that scores the highest in the Overall Performance section of the score sheet will win! If needed, we will continue with the Skills sections first starting with the Building Skills, then Tumbling/Jumps and lastly Dance/Motions.

Awards

The number of awards given will depend on the number of teams in the division.

1-3 teams in a division – 1st Place Trophy Only

4-5 teams in a division – 1st and 2nd Place

6-7 teams in a division – 1st, 2nd, and 3rd Place

8+ teams in a division – 1st, 2nd, 3rd, and 4th Place

First place teams will also be awarded a championship banner.

Order of Competition

Competition order will be determined by the order registration is received (first teams to register go last) and will be posted on the website prior to the competition. A team will be put into the line up once all of the forms have been received (coach membership, registration form, team roster with proof of insurance, payment, and waivers)

Rules/Restrictions and Time Limit

MCCA will follow the UCA safety guidelines for all-star teams.

Divisions

MCCA will use the same divisions as UCA, which are the USASF divisions for levels 1-5.

UPPER MIDWEST ALL STAR CHAMPIONSHIP GUIDELINES

All Star Divisions/levels are determined by using the USASF levels and the 2007-2008 UCA Divisions.

Team Definitions:

All-Star Category- An All Star team is a group of individuals representing a for-profit entity or a non-school organization. This includes teams competing under a school or community name that is not associated with the school for insurance or liability purposes. All Star teams will be competing under the UCA All Star rules, using the All-Star score sheet. All USASF levels for each of the 2007-08 UCA divisions are available. **Each All Star Team must provide a signed statement confirming medical and liability insurance as part of their registration.**

UPPER MIDWEST ALL STAR CHAMPIONSHIP RULES:

All Star teams will be competing in accordance with the current UCA All Star guidelines and rules and will be using the All-Star Score Sheet and divisions by levels. These can be viewed at www.varsity.com.

Appearance Rules for **all** participants:

Hair must be pulled away from the face (at least half up) with no wispy hairs that can touch the eyes.

No loose glitter.

No jewelry.

Nails must not be visible above the fingertip when viewed from the palm at face level.

Participants cannot step off the mat.

Participants must begin the routine with at least one foot on the ground.

Participants on both All-Star and School teams must pay two registration fees.

All Star routines have a time limit of 2:30 and must be all music.

REFUND POLICY

There will be no refunds due to inclement weather or after the registration deadline of January 5th, 2008.

REGISTRATION CHECKLIST

Please mail the items below to:

Upper Midwest All Star Championship

PO Box 211277

Eagan, MN 55121

_____ Registration Form
_____ Payment in full (Payable to MCCA)
_____ Team Roster with Directors Signature
_____ Proof of Insurance (**All-stars teams only**)

Please mail all Participant Forms to:

Becky Stephens

5200 Annapolis Ln N #1105

Plymouth, MN 55446

_____ Participant Forms

Make sure they are completely filled out with Insurance information and signatures.

NOTE: Having everything in prior to the day of the competition will speed up your check-in.