

**2008 MCCA State Cheerleading Competition**  
**Saturday, February 2<sup>nd</sup>, 2008**  
**The University of Minnesota Sports Pavilion**

**INFORMATION**

**Registration and Admission:**

**MCCA Member Coaches, registered team members, and 1 bus driver** will be admitted without charge. There is a ONE TIME spectator charge for admission to the entire competition of \$10.00 per person.

Only coaches of competing teams that are MCCA members will be admitted to the competition free of charge and be listed in the program. Non-member coaches accompanying a team will pay a \$10 fee. If you have multiple coaches that are not members of MCCA, you should pay their registration along with your team registration or they will need to pay the \$10 admission charge prior to entering the competition.

**The MCCA State Competition will run in Three Sessions.**

**MCCA will NOT start sessions early.**

(These times are approximate and may change depending on the number of registrations received)

**SESSION ONE: 11:00 AM (All Varsity A and AA Teams, All Novice, and Junior High Teams)**

Doors open for you and your cheerleaders at 7:30 a.m.

**8:00 AM Required Coaches Meeting**

This is where you will check-in, hear important announcements, and can ask questions.

**8:30 AM Marking Times for Session One Begin on the Competition Floor (9 strips) in the Pavilion**

**10:15 AM Doors open for spectators**

**11:00 AM Session One Begins**

Once all teams have performed, trophies will be awarded! That will end this session and coaches should pick-up their score sheets as they leave from the MCCA Table.

**Recognition of the Honor Team of Excellence, Scholarship Recipients, All-State Team, and  
the RAH Award**

(Prior to the start of Session 2)

**SESSION TWO: AFTERNOON (All Varsity AAA and AAAA Teams, Co-Ed, JV, and School Stunt Groups)**

Due to the fact we do not know how many will be in each session exact times will be provided shortly after the registration deadline. The times listed below are approximate:

**Required Coaches Meeting – 1:00 PM**

**Marking Times for Session Two Begin on the Competition Sized Floor (9 strips) in Williams – 1:30 PM**

**Session Two Begins – 2:30 PM**

Once all teams have performed, trophies will be awarded for this session. Coaches should pick-up their score sheets as they leave at the MCCA Table.

**SESSION THREE: EVENING (Upper Midwest All-Star Championship)**

Due to the fact we do not know how many will be in each session exact times will be provided shortly after the registration deadline. The times listed below are approximate:

**Required Coaches Meeting – 4:00 PM**

**Marking Times for Session Two Begin on the Competition Sized Floor (9 strips) in Williams – 4:30 PM**

**Session Three Begins – 5:30 PM**

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## INFORMATION CONTINUED

### **Spectators**

Admission is \$10/adult & \$5 for 12 and under and will be charged one time per person. All Spectators will enter at the Public Entrance on the West side of the building. Public parking is available at the Maroon Lot across from Mariucci Arena and in Lots 33/37 behind Mariucci Arena and in the University Avenue Ramp across the street for at most \$12.00 for the day – maps can be found online at <http://www1.umn.edu/pts/maps/ebcolr.htm> to assist you in finding your way due to the construction for the new football stadium.

For directions to the Pavilion go to:

[http://www.gophersports.com/ViewArticle.dbml?DB\\_OEM\\_ID=8400&ATCLID=1265693](http://www.gophersports.com/ViewArticle.dbml?DB_OEM_ID=8400&ATCLID=1265693)

### **Coaches**

When you arrive at the University of Minnesota Sports Pavilion, coaches and teams should check-in at the Daily Entrance located on University Ave. MCCA Member coaches, registered team members, and 1 bus driver will be admitted without charge. Non-member coaches who have pre-paid the \$10 fee for the day will also be admitted.

**NOTE: If you have non-member coaches coming that have not been paid for in advance, please remember they will need to pay the \$10 spectator fee upon arrival.**

At check-in: MCCA Member coaches will receive a nametag, coaches will turn in any missing items not checked off in the checklist if they were not mailed in, and teams will receive a folder containing important information for the day.

Coaches will be directed to the location of the coaches meeting and cheerleaders will be directed to the Pavilion or Williams Arena where they will keep all of their belongings. This would be the best place for coaches and cheerleaders to meet up again following the coaches meeting, which should last 15-20 minutes.

### **Team Members/Alternates**

When your team arrives you must enter as a team, no individuals. All team members and alternates who have paid the registration fee will be allowed entrance into the competition. In the event a fee has not been paid for a team member or alternate this must be paid at the team door before they will be admitted. Each team member, including alternates, should complete a waiver form to be on file. Please note the number of team members and alternates you register is the number used when ordering medals.

### **Busses**

Parking information for busses will be available on the MCCA website and emailed to you closer to the event. With the continuous construction, it is bound to move.

### **Spotters**

MCCA will provide “Spotters” during all sessions. All teams are required to have spotters on the floor.

### **Spending Money**

Cheerleaders and spectators may want to have money to spend on:

\*Food from the concession stands

\*Purchasing action and/team pictures on site or the video (\$40) of the day

**\*\*\*No Video Taping Allowed!\*\*\***

\*Purchasing a 2008 MCCA State Competition/Upper Midwest All Star Championship T-Shirt (\$20) -proceeds go to Honor Team of Excellence Scholarships!

\*Some of the vendors and MCCA will also have fun cheerleading items for sale.

### **Mark Times**

Each team will have a 4 minute marking time on the competition mat or a competition sized mat prior to their performance time. In addition, a couple strips will be available for your team to warm-up tumbling and some stunts behind the curtain prior to your performance. Extended stunts and basket tosses will be prohibited due to the fact it will most likely go above the height of the curtain and distract from the competing teams performance.

# 2008 MCCA State Cheerleading Competition

## INFORMATION CONTINUED

### **The Flow Prior to your Performance**

All teams will follow this routine prior to performing.

#### **First Session:**

- 1) Your team will have a marking time on the competition floor (9 strips) prior to the start of the competition or a marking time in Williams Arena approximately 1 hour before you compete. At this time a preliminary safety check will take place to avoid deductions.
- 2) Approximately 30 minutes prior to your scheduled performance time your team will report for a team photo to be taken.
- 3) 3-4 teams prior to your performance you will be allowed to warm-up limited stunts and tumbling on the mat behind the curtain.
- 4) When your team is "In the Hole," a final safety check will take place. This is when deductions will be taken for any violations.

#### **Second and Third Session:**

- 1) Your team will have a marking time in Williams Arena approximately 1 hour before you compete. At this time a preliminary safety check will take place to avoid deductions.
- 2) Approximately 30 minutes prior to your scheduled performance time your team will report for a team photo to be taken.
- 3) 3-4 teams prior to your performance you will be allowed to warm-up limited stunts and tumbling on the mat behind the curtain.
- 4) When your team is "In the Hole," a final safety check will take place. This is when deductions will be taken for any violations.

### **During your Performance**

No one will be allowed to sit directly in front of the mat. Coaches will be able to sit at the announcers table, which is also, where you will play your music. Additional teammates, sister teams, etc will have a reserved section off the front corner of the mat. We need to keep the front clear for photographers, the video taping crew, and other media. Thank you in advance for your cooperation

### **Cheerleader Area**

Due to the fact, the venue is so much larger; there are no restrictions as to where cheerleaders may watch other teams during their session and others. They may sit in the spectator section. Also, instruct your teams not to walk around the bleachers during routines, and to be respectful and keep their volume down when in back practicing.

### **Music**

You are responsible for running the music for your own team(s). The gentlemen who will be running the sound equipment are very good and will help talk each coach through this process. Be sure you watch the schedule and are waiting on deck near the sound equipment table when your team is coming up.

### **Scoring**

Each judging panel will consist of 5 judges. We will drop your highest and lowest score and the remaining 3 scores will create your team total score. Any deductions will be taken off from this total.

In the case of a tie, the team that receives the fewest deductions will win!

If there is still a tie... The team that scores the highest in the Overall Presentation section of the score sheet will win! If needed, we will continue to the Cheer Section and the Music Section.

### **Awards**

The number of awards given will depend on the number of teams in the division.

1-3 teams in a division – 1<sup>st</sup> Place Trophy Only

4-5 teams in a division – 1<sup>st</sup> and 2<sup>nd</sup> Place

6-7 teams in a division – 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Place

8+ teams in a division – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Place

\*\*Only first place teams will be awarded individual medals.\*\*

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## INFORMATION CONTINUED

### Order of Competition

Competition order will be determined by the order registration is received (first teams to register go last) and will be posted on the website prior to the competition. A team will be put into the line up once all of the forms have been received (coach membership, registration form, team roster with AD signature, payment, and waivers)

### Rules/Restrictions and Time Limit

MCCA will follow the UCA/AACCA Rules for school teams.

### Divisions

Please notice the change in divisions this year! MCCA has worked very hard to provide a fair format.

## MCCA COMPETITION GUIDELINES

**School Divisions** are determined according to school size. School size is determined by using the enrollment of the school grades 9 – 12 posted on the MSHSL web site. The enrollments are updated every 2 years and can be found on their website at <http://www.mshsl.org/mshsl/enrollments07.asp>. The Novice division in both JV and Varsity is limited by skill level not the experience level of the team. There will be a separate division for Middle School/Jr. High. The divisions are listed on the registration form.

### Team Definitions:

**School Category** –A School team is a group representing a school district that assumes liability for that team. **All School teams must have a signed proof of affiliation and liability insurance from their school district.** All participants on the team must be eligible to participate in extra curricular activities in accordance with the MSHSL eligibility rules.

Varsity Team- A varsity team is a group representing a school district, which assumes liability for that team, all participants must be in the 7th to 12th grade at that school.

Novice Team- A Novice team is a group representing a school district, which assumes liability for that team, and that team, agrees to limit their routine by skill level to USASF level 2 with the exception of inverted stunts. NO inverted stunts are allowed for school teams. **There are novice categories in Varsity and JV.**

Co-Ed- A Co-Ed team is a varsity group with more than one male, representing a school district that assumes liability for that team.

Junior Varsity – A JV team is a group that consists of non-varsity competing members representing a school district that assumes liability for that team. All team members must be in 7th – 11th grade in this division. No seniors can compete on a JV team.

Middle School/Jr. High – A Middle School/Jr. High team is a group that consists of non-high school competing members representing a school district that assumes liability for that team. Team members in this division must be in the 9th grade and below.

## MCCA COMPETITION RULES:

**For School teams**, MCCA adheres to the UCA/AACCA guidelines and rules and will be judged with the UCA Score sheet. These can be viewed at [www.varsity.com](http://www.varsity.com).

Appearance Rules for **all** participants:

Hair must be pulled away from the face (at least half up) with no wispy hairs that can touch the eyes.

No loose glitter.

No jewelry.

Nails must not be visible above the fingertip when viewed from the palm at face level.

Participants on a high school team must be 7th – 12th graders.

Participants cannot step off the mat.

Participants must begin the routine with at least one foot on the ground.

Participants cannot participate on more than one school (see definitions below) competing team.

Participants on both All-Star and School teams must pay two registration fees.

School Routines have a time limit of 2:30 with up to 1:30 allowed for music.

## **REFUND POLICY**

There will be no refunds due to inclement weather or after the registration deadline of January 5<sup>th</sup>, 2008.

## **REGISTRATION CHECKLIST**

### **Please mail the items below to:**

MCCA State Competition

PO Box 211277

Eagan, MN 55121

\_\_\_\_\_ Registration Form  
\_\_\_\_\_ Payment in full (Payable to MCCA)  
\_\_\_\_\_ Team Roster with AD or Directors Signature

### **Please mail all Participant Forms to:**

Becky Stephens

5200 Annapolis Ln N #1105

Plymouth, MN 55446

\_\_\_\_\_ Participant Forms

**Make sure they are completely filled out with Insurance information and signatures.**

**NOTE: Having everything in prior to the day of the competition will speed up your check-in.**