

2008 Upper Midwest All Star Championship Stunt Group Competition Information

For the second year the Upper Midwest All Star Championship will allow groups of cheerleaders to display their best stunting skills whether or not their team competes as a team at the State Competition.

Who is eligible? Any all star gym from Iowa, Minnesota, North Dakota, South Dakota, or Wisconsin that has at least one MCCA Member coach or associate member can register their cheerleaders for the Stunt Group Competition. If your gym does not have a member they may enter a stunt group for a slightly higher fee. You do not need to be on or have a competition squad to participate. **Each all star gym may have as many stunt groups as they want, but each cheerleader is only allowed to participate on one stunt team.** (NOTE: Cheerleaders can participate in two stunt groups if one is a school team and one is an all-star team.)

What is it? A small group competition, where up to 5 people perform a one-minute routine to music. The routine represents a continuous flow of stunts.

When and where will it take place? It will take place during the Upper Midwest All Star Championship on Saturday, February 2nd, 2008 at the University of Minnesota Sports Pavilion.

How much does it cost? \$35 per stunt group if a coach is a MCCA member
\$40 per stunt group if a coach is not a MCCA member

Rules/Guidelines:

- Stunt group members do not have to compete on a team at the Upper Midwest All Star Championship
- Teams can have up to 5 females in the Junior and Senior Stunt divisions and 1 male and 1 female in the Co-ed division. (This does include spotters in the Junior/Senior divisions, but not the Co-ed division)
- Participants are only allowed to participate on one stunt team unless one is a school team and the other is all-star.
- Substitutions are allowed as long as a waiver form is submitted and they are not in another stunt group.
- Everyone must start with both feet on the ground.
- Bases and flyers may switch positions as long as it is the same group of people involved.
- Tumbling into a stunt will be permitted as long as it does not violate rules.
- No other tumbling will be allowed. **This is a stunt competition.**
- There will be no leading of cheers, jumps, or dance
- All-Star Teams will follow the current UCA rules for all-stars (skills in levels 1-5 are permitted)
- The MCCA Technical/Safety score sheet will be used for all stunt groups.
- **The time limit is One Minute.**

Divisions:

Junior All Star Stunt (14 years of age or younger, 4-5 female members)

Senior All Star Stunt (12 – 18 years of age, 4-5 female members)

Co-Ed All Star Stunt (12 – 18 years of age, 1 female & 1 male)