

Participant Detail for _____

(Participant's Full Name)

School: _____

Birthday _____

Parent/Guardian: _____

Parent/Guardian Home Phone: _____

Parent/Guardian Work Phone: _____

Parent/Guardian Address: _____

Vital Health Record

General Information			
Height:	Weight:	Gender:	Blood Type (if known)

Medical Conditions (Answer Yes or No)		
Asthma:	Diabetes:	Contact Lenses:

Insurance (Required)	
Insurance Company:	Medical Policy #: (if it is a SSN, please represent as XXX-XX-1234, providing the last four digits)

Allergy Name	Allergy Reaction

Medications

Current Health Conditions:

Past Health:

2010 – 2011 MCCA EVENT PARTICIPANT FORM

Each cheerleader and a parent or legal guardian must sign this form. It must be received according to the guidelines of the specified MCCA event. If MCCA does not receive your form, you will not be allowed to participate in the MCCA Event.

CHEERLEADING is an exciting athletic activity, which involves jumping, tumbling, lunging, running, hopping, weight lifting/conditioning, and a wide variety of contact when stunting. Because of these conditions inherent to the sport/activity, participating in cheerleading exposes an athlete to many risks of injury. Those injuries include, but are not limited to, death; paralysis due to serious neck and back injuries; brain damage; damage to internal organs; serious injuries to the bones, ligaments, joints, and tendons; and general deterioration of health. Such injuries can result in not only temporary loss of function, but also in serious impairment of future physical, psychological, and social abilities, including the ability to earn a living.

In an effort to make cheerleading as safe as it can be at our MCCA events, the event director(s) have instructed (through the MCCA Newsletters, event registration form, and registration acknowledgement mailing) participants and their coaches to follow the rules and guidelines as stated in the current National Federation Spirit Rule's Book for Cheer off and All-State or the current UCA/AACCA rules for the State Competition and UCA/USASF rules for the Upper Midwest All-Star Championship. It is vital that athletes follow these skill instructions to decrease the possibility of serious injury.

We have read the information above concerning the risks of participating in cheerleading. We understand and assume all risks associated with participation in the MCCA event indicated above. We further agree to hold the MCCA event directors, board members, event judges and spotters, vendors, employees of the facilities, other coaches, cheerleaders, and friends and family members present harmless in any and all liability actions, claims, or additional legal action in connection with participation in any activity related to this stated event.

In signing this form, we assume the inherent risks of cheerleading and waive future legal action by our heirs, estate, executor, administrator, assignees, family members, and ourselves.

In addition, I give MCCA permission to videotape and/or photograph my cheerleader during the event and without reservation or limitations grant MCCA the right to use such photographs or videos in any media now in existence or developed in the future.

This signed form allows the participant to be eligible to participate in all MCCA Events for the 2010-11 Season.

Please indicate which event(s) you will be participating in during the 2010-2011 season.

- Cheer Off** **All State** **Mascot Challenge**
 State Competition **Upper Midwest All Star Championship**

Participant Name: _____ Graduation Year: _____

Parent/Guardian Signature: _____ Date: _____

NOTE: If you do not have insurance, it is suggested that you buy a one-time insurance through your school. Otherwise, please write uninsured on your form.

THIS FORM MUST BE COMPLETELY FILLED OUT IN ORDER TO BE ELIGIBLE TO COMPETE.