



# MCCA's Great Minnesota Cheer Off

This event was started in 2004 to provide a forum for our sport and sideline cheer teams to be evaluated on what they do. It is designed to be a contest or challenge for non competition cheerleaders. This is not for competitive teams. Although teams that compete in the traditional format can enter if they also cheer for sports teams.

**Divisions:** A Non Varsity (JV/Middle School) division will be held as well as Varsity. (This could be divided up by levels if enough entrants.) More than one varsity team from a school can enter and qualify for the finals. The teams must specify for which sport they cheer. (eg, girls basketball, boys hockey, However, each cheerleader cannot participate in more than one sideline team from a season. (eg, the same girl could be on the football and basketball squad, but not on the football and volleyball squad.)

**Team Size:** Any number, may include mascots.

**Cost:** \$30 per team entered before Friday, December 21st

\$50 per team if not registered –must e-mail for permission

**Registration:** Include one form for each team entered. However the fees can be combined into one check from each school/booster club or coach. Please no multiple checks from individual participants.

**Format:** There are three cheer skills sections worth 25 points each: Sideline Chant; Floor Cheer; and, School Song. There is an overall effect category also worth 25 points. The totals will be averaged so that the total score a team receives is out of 100 points.

**Procedure:**

- 1-Enter and stand in a sideline formation at the back of the event area.
- 2-A game situation in the sport of your choice will be read by the announcer.
  - Team will perform a sideline chant appropriate for the situation 3 to 5 times through.
  - There is to be no stunting/tumbling during this section.

3-After spiring, a time out horn will sound and the team will take the floor and perform a crowd cheer. The team may use signs, stunts, props, etc. You must enter and leave the floor in the one minute 'time-out' period.

4-Retake the floor to perform your school song, not to exceed 1:30 minutes for the song.

Tumbling, stunts, pyramids are allowed in the floor cheer and school song section only, however they should enhance, not distract from the crowd leading. In this event, judges are looking at what would be effective at a game. Pom, megaphones, flags, and signs are permitted for each phase of the performance, but not required. There will be no spotters provided and no mats - just like at a real game! Any type of sideline team can enter: Hockey, Wrestling, Football, Soccer, Volleyball, Basketball, Fall, Winter. The situation will be appropriate for your sport.

The following rules apply to all rounds of the Great Minnesota Cheer Off:

1. 2006-07 NFHS Spirit Rules
2. MSHSL Rules for participation in extracurricular activities
3. Fingernails must be cut so they are not visable over the finger tips when viewed form the palm side at face level.
4. Hair that touches the shoulders or eyes when unrestrained, must be tightly held in a pony tail or braid. This includes hair than can touch an eye when left dangling around face.

**Performance:**

- Places first and second winners will be invited the the All State High School football game held in St Cloud, Minnesota at St Cloud State University in June. If your team places in one of these spots please plan on attending.